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Name: _____ Home Phone: Cell Phone: May we leave a voice message identifying ourselves as Vista? Yes ____ No Address____ Email Address: _____ Date of Birth: Marital Status: Single Married Widowed Divorced Separated Common Law Engaged Partners Address of partner (if different from yours): Do you or your partner have insurance that covers Social Work Services? Myself My Partner

Please note: I do not bill directly to your insurance provider unless you are with Greenshield. I will provide you with a receipt which you can then use to submit for reimbursement.

How did yo	ou find out about Vista?	Who refer	red you?		
Client	_ Family or Friend	_ Court	_ Employer _	Lawyer	School
Other	_ Self (includes yellow	pages and	internet)	_ Union Rep	Supervisor
Colleague					
Physician o	or Healthcare Profession	onal (please	e provide nam	e)	
Children or First Name Last Name Relationshi Age	•				
What do yo	ou want to talk about in	counselling	g? State your	main concerns:	
How long h	nas the problem been ເ	going on?			
Is it getting	better or worse? How	?			
Are you cu	rrently taking medication	ons? Please	e explain:		
Is there a c	concern about alcohol,	drug abuse	or overuse o	f non-prescribed o	drugs? Please

Is there a concern about violence in your life? Either from you or towards you? Please explain: How concerned are you about violence on a scale of 1-10 (10 being the worse)
Is there any concern about suicide? Please explain:
How concerned are you about suicide on a scale of 1-10 (10 being the worst)
IF YOU EVER NEED TO TALK TO SOMEONE BEFORE YOUR APPOINTMENT PLEASE CALL CALL HOTEL DIEU 24 HR CRISIS LINE AT 519-973-4435, OR CALL OR TEXT 988.
Have you ever had counselling before?
Yes
No
Where did you receive counselling?
What was it concerning?
When did you go?
Was it helpful? Why or Why Not?